



Leveraging Volunteer Power to Support Healthy Community Living

USAgging Conference

July 10, 2024



Priority Areas

2022 National Strategy to Support Family Caregivers



Developed by:

The Recognize, Assist, Include, Support, and Engage (RAISE) Act
Family Caregiving Advisory Council

&

The Advisory Council to Support Grandparents Raising Grandchildren



Increased awareness of family caregiving.

Increased emphasis on integrating the caregiver into processes and systems from which they have been traditionally excluded.

Increased access to services and supports to assist family caregivers.

Increased financial and workplace protections for caregivers.

Better and more consistent research and data collection.

Program Overview



What is Community Care Corps?

National, federally funded program to promote innovative local models providing volunteer nonmedical services to assist family caregivers, older adults and adults with disabilities to maintain independence in the community.

1

Serves an unmet community need in a new or unusual way using volunteers.

2

Offers a new program or a new method of program delivery to the community.

3

Stands out from other programs offered in the community.

4

Solves a community problem in a unique way or is considered to be 'Outside the Box'.

5

There is potential for new information to be learned based on the program being offered.

To see examples of some innovative grantee models, go to communitycarecorps.org and click Grantees in the menu bar.

National Impact

*as of March 2024

1

Total Funds Requested:
\$80,531,453.00
608 Applications Received

5

Older Adults Assisted:
23,000*

2

Total Funds Awarded:
\$12,033,334.00
109 Applicants Funded

6

Adults with Disabilities Assisted: 2,700*

3

Total Unmet Need:
\$68,498,119.00

7

Volunteers Providing Assistance:
10,300*

4

Caregivers Assisted:
7,600*

8

Hours of Assistance Provided:
172,750*

Notable Outcomes

- Caregivers and care recipients reported no change or improvement in their quality of life, loneliness, mental/physical health, and ability to maintain care recipients' current living situations.
- Most one-time assistance recipients said services alleviated a major concern in their lives “a lot.”
- Caregivers said volunteers helped reduce their stress about their roles.
- Volunteers reported wide-ranging benefits, including improved social connections, expanded career opportunities, and a deeper sense of personal fulfillment.

Effective Elements Learning Library



Home

About

Community Care Corps Effective Elements Library

This collection of replicable and conceptual approaches that improve outcomes and reduce barriers will enable organizations to create impactful volunteer-based models providing nonmedical assistance to older adults, adults with disabilities and family caregivers.

Click the category buttons below to view Effective Elements for implementation in your existing or new community programs.

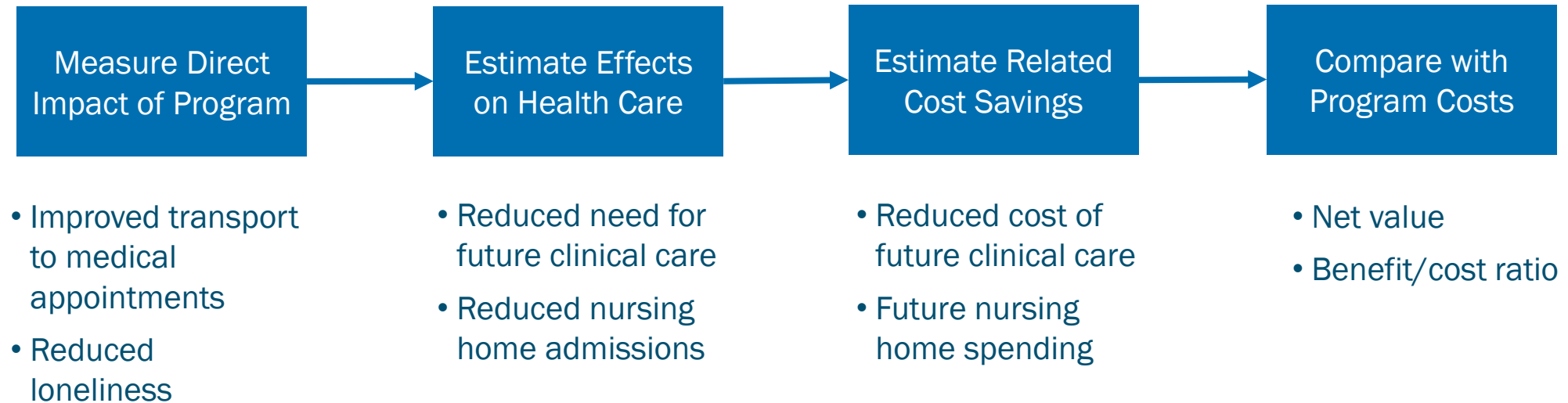
Resources	Family Caregivers and Care Recipients	Volunteers
Program Administration	Community Engagement and Partnerships	Outreach and Marketing
Sustainability	Inclusivity and Access	Value Proposition

Lending a Hand, Saving a Dollar

How Volunteer-Based Nonmedical
Assistance Programs Drive Cost Savings
by Elevating Independence



Measuring the Economic Benefits of Nonmedical Volunteer Assistance

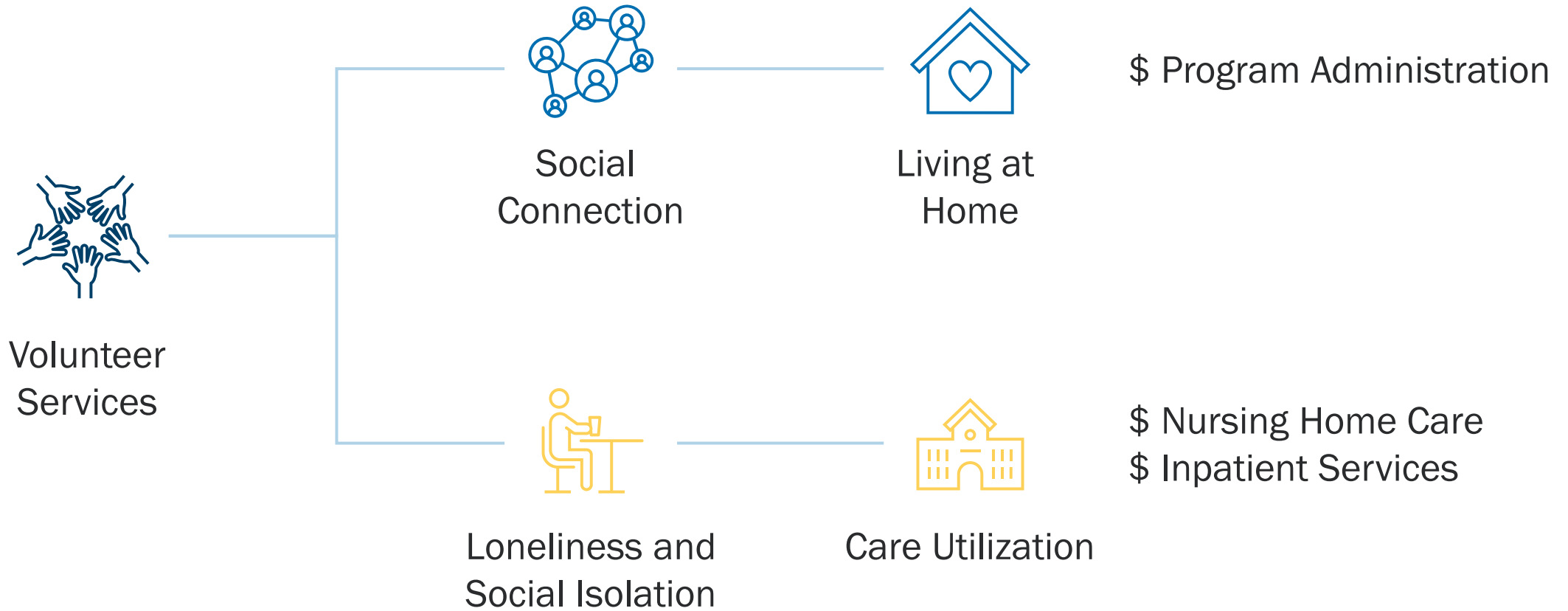


About the Lori's Hands Student Volunteer Program

- Lori's Hands trains and equips volunteer college students to assist people living with chronic illnesses with nonmedical tasks.
- Volunteers support individuals to live with dignity and independence at home.
- While volunteers provide a range of services, all offer companionship to clients.



Lori's Hands Analysis Full Model



Lori's Hands Analysis



COST

Administration \$175,100



BENEFIT

Medicaid \$262,588

Medicare \$68,860

Total \$331,448

NET BENEFIT \$156,348

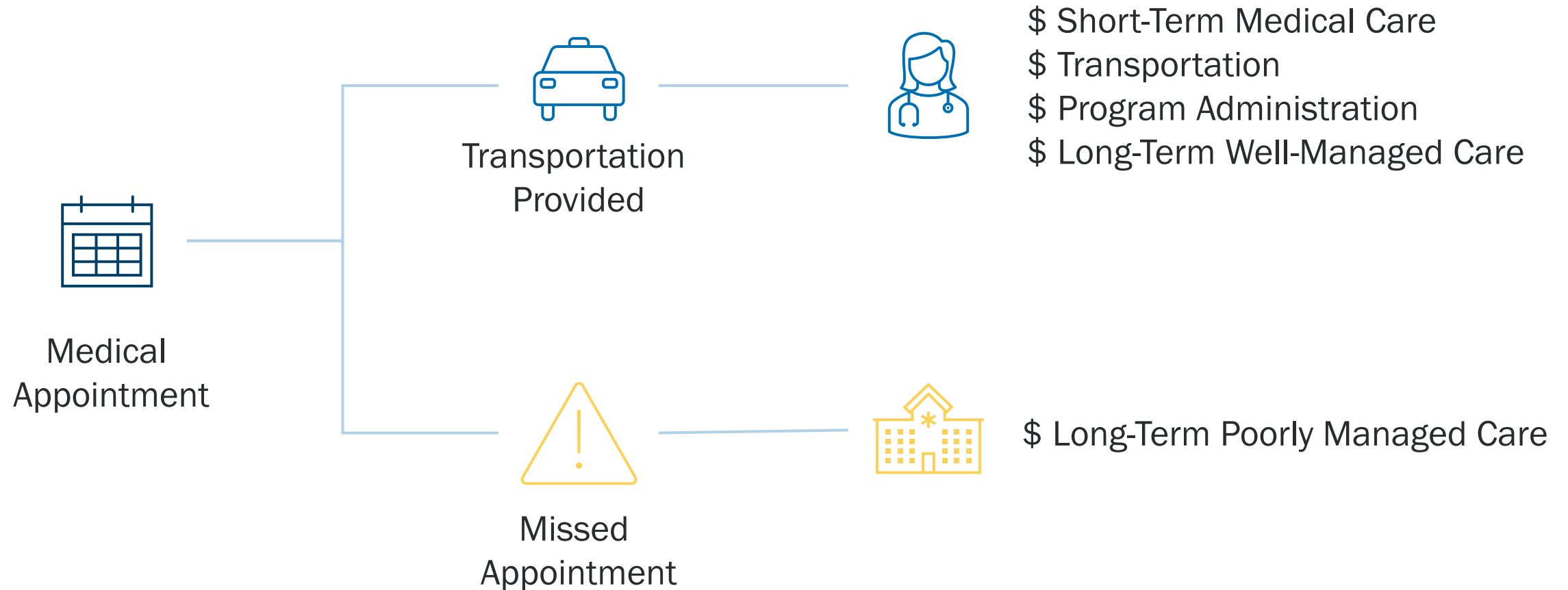
BENEFIT-COST RATIO 1.89

About the Ascension St. Agnes Trusted Ride Program

- Trusted Ride provides patients with free volunteer-chaperoned non-emergency medical transportation (NEMT) to and from medical appointments.
- Trained volunteers support patients in accessing Lyft ride-share service and accompany patients door through door.



Ascension St. Agnes Analysis Full Model



Ascension St. Agnes Analysis



COST

Transportation	\$48,023
Administration	\$57,600
Medical Care	\$234,205
Total Cost	\$339,828



BENEFIT

Poorly Managed Care	\$1,284,873
Well-Managed Care	\$635,896
Total Benefit	\$648,977
NET BENEFIT	\$309,149
BENEFIT-COST RATIO	1.91

Does your organization help reduce the loneliness of older adults living at home or in the community?

New Resource: Economic Benefits Tool

- Combines program data and a tool to project how reduced loneliness could lower the likelihood of older care recipients being placed in nursing homes.
- Estimates cost savings to Medicaid by reducing nursing home admission rates.

Instructions

Step 1: Provide Your Program Size and Location

Select your state from the dropdown list below and indicate how many individuals you serve who are ages 51 and older.

Select Your State:	MO
Number of Care Recipients Ages 51 and Over:	300

Step 2: Enter Survey Data

Navigate to the Survey Data tab and input the survey responses in the correct columns. You can do this by either copying and pasting the values from another data source, or by manually entering the data. Please make sure to collect responses from both individuals who have received services and those who have not yet received services, in order for the tool to function properly. If you have multiple responses for a single individual collected at different points in time, you can enter them all. Note that respondents who are under the age of 51 or who provided incomplete data will be automatically excluded from the analyses below.

[Click Here to Enter Survey Data](#)

Care Recipients Who Have Not Received Services Yet:	96
Care Recipients Who Have Received Services:	104
Total Valid Survey Responses:	200

Results

Table 1. Percentage of Care Recipients Who Were Lonely Before and After Receiving Nonmedical Volunteer Assistance

Loneliness Rate for Care Recipients Who Have Not Received Services Yet	47.9%
Loneliness Rate for Care Recipients Who Have Received Services	34.6%
Percentage Point Difference in Loneliness Rate	-13.3 pp
Percent Difference in Loneliness Rate	-27.8%

Findings and Implications



Care Recipient Impact

Estimated savings stem from better care outcomes and reduced health care utilization.



Reduced Spending

Better outcomes and reduced utilization lead to substantially less health care spending per care recipient.



Public Payers Benefit

Medicare and Medicaid probably save the most, given that clients are largely older adults and adults with disabilities.



Fast Accrual

These models project savings over the course of just one to four years. Savings could grow even more over a longer period.



AREA AGENCY ON AGING
REGION ONE, INCORPORATED



Melissa Elliott, MSW
Senior Vice-President of
Programs & Services
Area Agency on Aging Region One

The Area Agency on Aging in Phoenix, Arizona recruits and trains volunteers to help pre-and-post non-emergency medical appointments. Volunteers provide round trip rides and act as medical chaperones to older adults, caregivers and adults with physical disabilities. Pre and post appointment tasks include helping with food, picking up prescriptions, and making sure the environment is set up for recovery. This specialized service is designed to improve access to healthcare for older adults, caregivers, and persons with physical disabilities, create new meaningful volunteer opportunities, and expand the Agency's volunteer base and programs.





Stacia Timmer
Chief Operating Officer
Elderbridge Agency on Aging

Social isolation among seniors is a growing concern. To combat this, Elderbridge volunteers provide transportation, telephone reassurance, outdoor chore, and Happy Mail, along with other activities for seniors 60 and over within a 29-County area. Goals include addressing unmet needs of clients in rural areas while staying connected and cared for, reducing social isolation, and improving quality of life while remaining independent. The Happy Mail Program has volunteers sending cards or postcards to older adults every other month in the mail. The CommUNITY Kindness Project is an intergenerational outdoor chore cleanup project and helps breakdown barriers and build bridges between generations.



Q&A



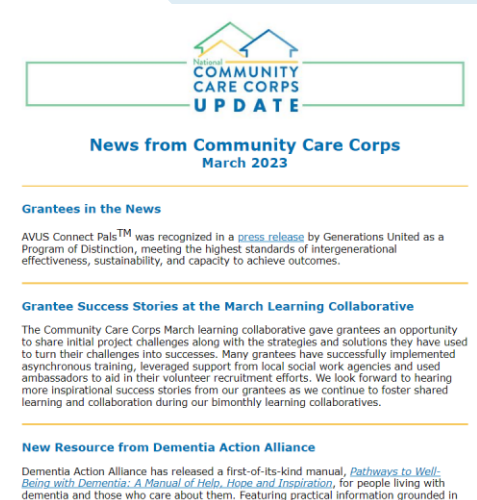
Resources

Website

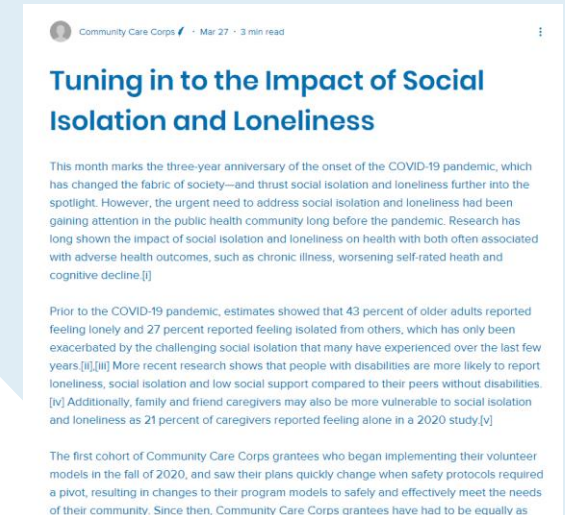


- www.communitycarecorps.org
- Complete list of grantees by year and relevant resources
- Access new report: Program Impact and Alignment with National Strategy to Support Family Caregivers

C3 Newsletter & Blog

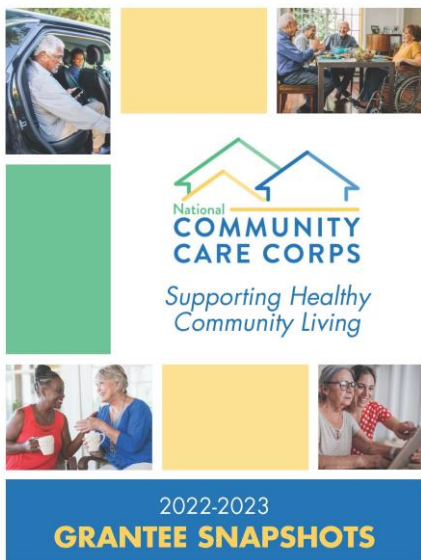


- Each bi-monthly newsletter accompanied by a topical blog post
- Event and program updates
- To sign up, navigate to the Newsletters page and click “Stay Up to Date”



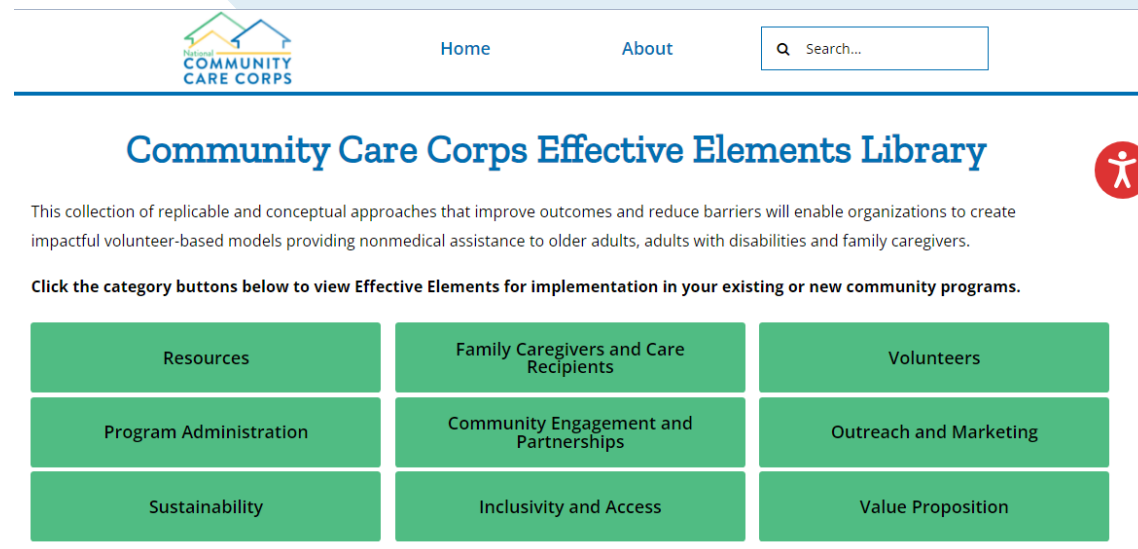
Resources

Grantee Snapshots



- Snapshots include program overview, information on adaptations and future directions for each grantee
- 2024 installment coming this fall!

Learning Library



- Free, public tool consisting of best practices, tips and tricks, lessons learned, and valuable resources collected from grantees
- Helps organizations develop their own nonmedical volunteer programs

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communitycarecorps.org

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info@communitycarecorps.org

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